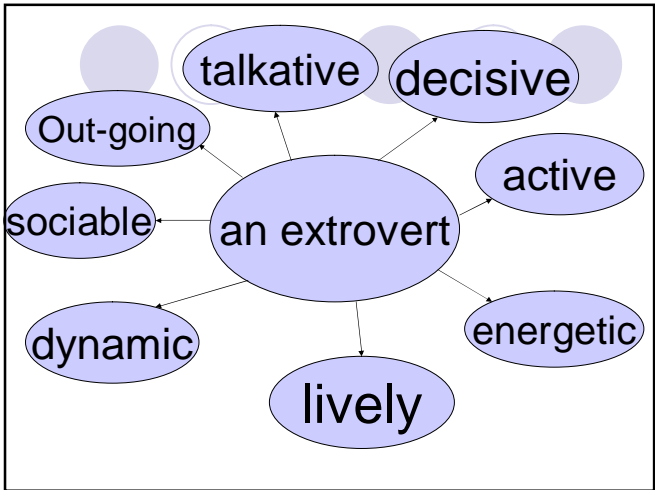


Lesson 1 – Types of people



Energetic vs. lively

- | Energetic: full of energy
- | Lively: full of life and energy

e.g.:

1. She leads a very **energetic** life – she gets up early and works hard until very late.
2. She was very **lively** tonight – she talked a lot and danced a lot.

Dynamic vs. active

- Dynamic: full of energy and ideas; having a powerful personality
- Active: doing lots of things; always busy

e.g.:

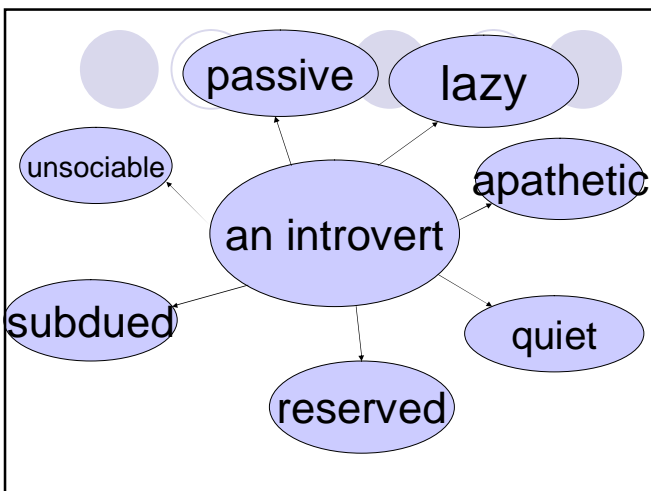
1. Despite his age, he is still very **active**.
2. She is a **dynamic** person, a typical representative of the young generation nowadays.

Outgoing vs. sociable

- Outgoing: very friendly, always interested in meeting new people
- Sociable: friendly, enjoying the company of other people

e.g.:

1. They are very **sociable**: they like going parties and spending time with other people.
2. He's a very **outgoing** person and has got lots of friends.



Lazy vs. apathetic

- | lazy: disliking activities, uninterested in doing anything
- | apathetic: completely unenthusiastic or uninterested, having no desire to change a bad situation

e.g.:

1. He doesn't like his job but he is too **lazy** to look for another one.
2. She tried to organize a strike but the other were too **apathetic** to join her.

quiet vs. reserved and subdued

- | quiet: not saying very much
- | reserved: not saying what you think or feel
- | Subdued: less talkative than usual

e.g.:

1. Although she is quiet, it does not mean that she does not have strong opinions.
2. She is reserved, and even if she is angry, she does not say so.
3. He normally has a lot to say but he was rather subdued last night – I wonder if there was sth wrong.

Fixed expressions to learn

- | To be good company
- | To use your initiative
- | To do sth about sth
- | To make up your mind
- | To have go
- | To be on the go
- | To liven up
- | To hang around/ about
- | To stand around
